

SCREENING Ultrasound Intake Form

MEND Thermography - (515) 207 - 4803
8515 Douglas Ave Suite 25, Urbandale, IA 50322

Patient Information

Name _____ Age _____ DOB _____

Address _____ City, State, Zip _____

Phone _____ E-mail _____

Gender: ☐ Male ☐ Female Primary Care Physician _____

Preferred method of communication: ☐ Any ☐ E-mail ☐ Text ☐ Call—may we leave a message? ☐ Yes ☐ No

Emergency Contact: _____

Relationship _____ Phone _____

Who can we thank for referring you? _____

How would you like your report sent to you? ☐ Secure E-mail ☐ Office Pick-up ☐ Mail (+\$3.99)

Health Information

Reason for today's appointment: _____

Current Symptoms/Concerns _____

List Medical Diagnoses _____

Do you have any known allergies? ☐ No ☐ Yes (list) _____

Surgical History

Previous Surgeries & Year? ☐ None

_____ Year: _____

_____ Year: _____

Ultrasound History

Have you had an ultrasound of this same area before? ☐ Yes ☐ No

If YES, Was your previous exam done with our company? ☐ Yes ☐ No

If NO, please bring a copy of your previous report and/or copy of images to your appointment for us to upload to the Radiologist for comparison

Breast Scans Only:

Do you have any of the following symptoms?

- ☐ Breast Pain ☐ Breast Tenderness ☐ Lumps ☐ Change in breast size
☐ Secretion of nipple ☐ Skin thickening or dimpling ☐ Nipple Inversion

If **YES**, Describe location: _____

Is this exam due to an abnormal **mammogram**? ☐ Yes ☐ No

If **YES**, please bring in any previous reports or discs with images you have to your appointment

Have you ever been diagnosed with breast cancer? ☐ Yes ☐ No

If **NO**, move on to next section

If **YES**: please provide the following details:

Cancer Type? ☐ Metastatic ☐ Local ☐ Lymph Node Involvement

When Diagnosed: Month _____ Year _____

Which Breast? ☐ Left Breast ☐ Right Breast

Location? ☐ Upper Outer ☐ Upper Inner ☐ Lower Outer ☐ Lower Inner ☐ Nipple

Treatment? ☐ Surgery ☐ Chemo ☐ Radiation ☐ Other ☐ None

Have you ever been diagnosed with other breast disease? ☐ Yes ☐ No

If **YES**: ☐ Fibrocystic ☐ Cystic ☐ Mastitis ☐ Abscess ☐ Other

I verify the accuracy of the information above. I authorize Mend Thermography to furnish any medical information requested and to release this questionnaire and the images from my scan to Vesta Teleradiology for interpretation. I understand that I am financially responsible for the charges related to this ultrasound examination.

SIGNATURE OF PATIENT OR PATIENT'S AUTHORIZED REPRESENTATIVE

DATE

Accessing Your Report



Sign up for a Spruce Account for HIPAA secure reports

- Scan the QR code from your mobile device
- Follow the link to download Spruce
- Enter your information
- You will be automatically connected to our Clinic

Once your report is ready, you will be notified via Spruce App

Spruce makes it easy to download, save, or share your reports with other members of your care team.



Informed Consent for Screening Ultrasound

Please read carefully and sign below if you are in agreement with this consent form. Please ask questions if there is anything that you do not understand on this consent form.

I understand:

- Throughout this informed consent document, Mend Integrative Wellness Center LLC (DBA Mend Thermography) together with any and all employees and independent contractors is referred to as "MEND."
- Ultrasound is an imaging method that uses sound waves to create pictures or videos of the inside of your body. According to the FDA, ultrasound imaging has been used for decades and has an excellent safety record. It is based on non-ionizing radiation, so it does not have the same risks as other types of imaging systems that use ionizing radiation. Although ultrasound imaging is generally considered safe when used prudently by appropriately trained health care providers, ultrasound energy has the potential to produce biological effects on the body. Ultrasound waves can heat the tissues slightly. In some cases, it can also produce small pockets of gas in body fluids or tissues (cavitation). The long-term consequences of these effects are still unknown. By signing this consent form I accept all potential risks associated with ultrasound screening.
- Ultrasound is not the same as and does not replace other radiology assessments, mammography, blood labs, or any other forms of testing.
- Screening tests are intended to detect abnormalities in apparently healthy people. I understand that no health evaluation/imaging is perfect and screening is NOT 100% accurate. False positives can occur with any type of screening test. Age, breast structure, body habitus, or other circumstances may limit the ability to detect all abnormalities and result in a false negative. I waive any liability to MEND should I have a false negative or false positive report.
- Some ultrasound screenings have prescreening requirements (ie – fasting, water intake). I have been given a preparation sheet with instructions to ensure the most accurate ultrasound evaluation possible. If I fail to comply with these prescreening requirements, I take full responsibility and know that this can compromise my results.
- During my ultrasound screening, I may be required to remove certain garments and wear a gown. I also understand that the technologist performing my exam must maintain a close proximity to me during the examination and must engage in contact with the area to be examined to satisfy the logistical requirements for successful completion of the exam. I understand that this is necessary and will be executed in a strictly professional manner with respect to my dignity and privacy. I waive any liability to MEND should I suddenly find objection to this during my examination.
- My screening will be performed by a Registered Diagnostic Medical Sonographer. A board-certified Radiologist will review my screening images and the written results will be emailed (unless directed otherwise) from MEND within approximately one week of your appointment. Ultrasound reports include written results of the findings but no images. A flash drive of the images may be requested by your physician.
- If the Radiologist identifies potential abnormal findings, you will be notified by our office and advised to consult with your physician immediately. By signing this consent form, you agree to contact your physician for further diagnostic evaluation in the event abnormal findings are detected. **It is your complete responsibility to follow up with your doctor in the event abnormal findings are detected.**
- I am fully aware that ultrasound technicians at MEND are not physicians and are not responsible for my medical care and medical decisions. I understand that any medical providers on staff at MEND are not my personal medical providers unless I have previously established care with them and remain actively under their care. I understand

and agree that staff member(s) or independent contractor(s) will not make decisions on my behalf and is not to be held responsible for any decision I choose to make after reviewing my report, and that any further testing, evaluation, and explanations should be deferred to my doctor.

- The report generated from my images is intended for use by trained health care providers to assist in evaluation, diagnosis, and treatment. I further understand that the report is not intended to be used by individuals for self-evaluation or self-diagnosis. I understand that the report will not diagnose or tell me whether I have any illness, disease, or other condition but will be an analysis of the images with respect only to the ultrasound findings discussed in the report.
- I am responsible for my own decisions regarding my health, wellness, and nutrition. Therefore, MEND cannot be held responsible for any decisions I make. MEND is not responsible for any supplements/care products I use or purchase through their store or online dispensary. I understand that I should talk with my physician before using any supplements or making lifestyle changes.
- MEND reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practice may be obtained by forwarding a written request to MEND THERMOGRAPHY at 8515 Douglas Ave Suite 25, Urbandale IA 50322.
- I hereby give my consent for MEND to use and disclose protected health information (PHI) about me to carry out treatment, payment, and health care operations (TPO). With this consent, MEND may email, mail, or call and leave a message on voicemail or in person in reference to any items that assist the practice in carrying out TPO, such as appointment reminders, and any calls pertaining to my clinical care. No test results, however, will be left on voicemail or with any person without a specific request by me to do so. I have the right to request that MEND restrict how it uses or discloses my PHI to carry out TPO. However, the practice is not required to agree to my requested restrictions, but if it does, it is bound by this agreement. By signing this form, I am consenting to MEND use and disclosure of my PHI to carry out TPO. I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent.
- MEND will keep my information confidential unless I provide a written release or as required by law (HIPAA).

By signing below, I certify that I have read and understand the statements above, I have received satisfactory answers to all questions I may have had, and I consent to the screening ultrasound examination. In requesting this, I understand that this is a screening test only and the results do not in any way constitute a medical diagnosis. These screening tests do not substitute for regular health care or a physician exam.

Patient Signature: _____ Date: _____

Printed Name of Patient: _____

Informed Consent for Breast Screening Ultrasound

In addition to the above detailed informed consent, I understand that ultrasound is not currently recommended as the first-line screening tool for breasts. The United States Preventative Task Force and The American Cancer Society both recommend using mammography first to screen for breast cancer. I fully and completely understand that ultrasound should not be used as a replacement for mammography, MRI, or other breast imaging technique, but can be a valuable adjunctive test. I am aware that while ultrasound can help screen for breast cancer, both false positives and false negatives do occur. I understand that only a biopsy is considered diagnostic for breast cancer. By signing below, I acknowledge that I have read and understand the statements above and I choose under my own free will to proceed with breast ultrasound screening.

Patient Signature: _____ Date: _____

Printed Name of Patient: _____



Payment Agreement & Financial Policy Self-Pay Screening Ultrasound

CLIENT NAME: _____ DATE OF BIRTH: _____

CHARGES: I understand that I am and will be responsible for all charges related to the services provided to me by Mend Integrative Wellness Center LLC (MEND THERMOGRAPHY); and that the charges presented to me are due in full at the time of my appointment, unless previous arrangements have been made. Mend Thermography accepts cash, check, and all major credit cards for payment. I understand that the charge for this appointment includes: single ultrasound exam and radiology report. All other follow-up tests, imaging, bloodwork, or medical appointments are not included in this fee and it is my sole responsibility to pay for any additional workup that is done.

INSURANCE: Since this is a screening exam (exam performed without doctor's orders), I understand that MEND THERMOGRAPHY does not file for or assist with insurance reimbursement and **cannot provide any CPT codes or diagnostic codes**. If requested, you will be provided with a basic receipt of payment and description of the service rendered. Flexible Spending Account, health Savings Account and Aflac have accepted and reimbursed for various health screenings, this however is not a guarantee of coverage.

By signing below, I agree to Mend Thermography's financial policy and payment agreement and will provide payment for services.

Patient Signature: _____ Date: _____

Printed Name of Patient: _____