

# Ultrasound Prep Instructions

Not all ultrasound screenings require preparation. If your scan is NOT listed below, there is no action that needs to be taken. If your scan IS listed below, please follow the instructions. Adequate preparation allows the best images to be captured. Failure to prep appropriately will require rescheduling your appointment.

Type of Exam	Pre-appointment Prep
<b>Abdomen Complete/Limited, Abdominal Aorta</b>	No eating, drinking, chewing, or smoking after midnight the night before the exam OR a minimum of <u>8 HOURS</u> prior to exam. If medically necessary, medications may be taken with a small sip of water.
<b>Obstetrics (First trimester)</b>	Please have a FULL BLADDER (do not empty bladder before your exam).
<b>Renal (kidneys)</b>	Hydration is recommended.
<b>Breast</b>	Bring last mammogram or ultrasound report (if available). If breastfeeding, please nurse/pump within 1 hour of exam.
<b>Pelvic/GYN</b>	One to two hours prior to your exam, drink 32 ounces of water. Please have a FULL BLADDER (do not empty bladder before your exam).